

6oz • original
multi grain chips



Nutrition Facts

Serving Size 1 oz (28g/16 Chips)
Servings Per Container About 6

Amount Per Serving

Calories 130 Calories from Fat 50

% Daily Value*

Total Fat 6g	9%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 3.5g	

Cholesterol 0mg **0%**

Sodium 225mg **9%**

Total Carbohydrate 17g **6%**

Dietary Fiber 1g **3%**

Sugars 2g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CORN FLOUR, VEGETABLE OIL (SUNFLOWER, SAFFLOWER OR CANOLA OIL), WHOLE WHEAT FLOUR, RICE FLOUR, WHOLE OAT FLOUR, SUGAR, SALT.

CONTAINS: WHEAT INGREDIENTS

ALLERGEN INFORMATION: GOOD MANUFACTURING PRACTICES USED TO SEGREGATE INGREDIENTS IN A FACILITY THAT ALSO PROCESSES PEANUT, TREE NUT, MILK AND SOY INGREDIENTS.