

4.5oz • sea salt
baked lentil chips



Nutrition Facts

Serving Size 1 oz (28g) about 22 chips
Servings Per Container 4.5

Amount Per Serving

Calories 110 Calories from Fat 25

% Daily Value*

Total Fat 3g 5%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 180mg 8%

Total Carbohydrate 19g 6%

Dietary Fiber 3g 12%

Sugars 0g

Protein 4g

Vitamin A 0% • Vitamin C 0%

Calcium 6% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Sat Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



INGREDIENTS: BEAN FLOUR (LENTIL, GARBANZO & ADZUKI BEANS), POTATO AND/OR PEA STARCH, POTATO FIBER, VEGETABLE OIL (HIGH OLEIC SUNFLOWER OIL AND/OR HIGH OLEIC SAFFLOWER OIL, AND/OR NON GMO EXPELLER PRESSED CANOLA OIL), SEA SALT, POTASSIUM CHLORIDE.

ALLERGEN INFORMATION: MANUFACTURED IN A FACILITY THAT ALSO PROCESSES PRODUCTS CONTAINING SOY.