

4.5oz • cracked pepper  
baked lentil chips



## Nutrition Facts

Serving Size 1 oz (28g) about 22 chips  
Servings Per Container 4.5

Amount Per Serving

**Calories** 120 Calories from Fat 25

% Daily Value\*

**Total Fat** 3g 5%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 220mg 9%

**Total Carbohydrate** 19g 6%

Dietary Fiber 3g 12%

Sugars less than 1g

**Protein** 4g

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 6%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** BEAN FLOUR (LENTIL, GARBANZO & ADZUKI BEANS), POTATO AND/OR PEA STARCH, POTATO FIBER, VEGETABLE OIL (HIGH OLEIC SUNFLOWER OIL AND/OR HIGH OLEIC SAFFLOWER OIL, AND/OR NON GMO EXPELLER PRESSED CANOLA OIL), SEASONING (SEA SALT, CANE SUGAR, BLACK PEPPER, TAPIOCA MALTODEXTRIN, ONION POWDER, GARLIC POWDER, AUTOLYZED YEAST EXTRACT, MALIC ACID, WHITE PEPPER, EXPELLER PRESSED CANOLA OIL), POTASSIUM CHLORIDE.

**ALLERGEN INFORMATION:** MANUFACTURED IN A FACILITY THAT ALSO PROCESSES PRODUCTS CONTAINING SOY.